1ST WEEK ACTIVITY PROGRAM IN POLAND

DAY	DAY DATE		MONDAY 12 May 2014	TUESDAY 13 May 2014	WEDNESDAY 14 May 2014	THURSDAY 15 May 2014	FRIDAY 16 May 2014	SATURDAY 17 May 2014
DATE								
MORNING	8-9	Arrival day	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	9-12	Arrival day WP, IK, ER, EP (airport) AG, WG (hotel)	Health program AG, E. Perepeczko Working in groups - introductory meeting (11:00) AG, EP, JB, IK, ER	Health program AG, EP, JB Working in groups AG, EP, JB	Health program AG Working in groups EP, AG	Health program AG Travel by tram to Gdansk EP Making photos for a guide EP, RD	Health program AG Working in groups Making photo album 1 st week AG, EP	Free time
AFTERNOON	12-18	Lunch (14:00) and free time	Lunch (12:00) Travel by tram Visiting shopping centres: Alfa, Galeria Przymorze Coming back to the hotel by tram EP, ER, IK, JB	Lunch (12:00) Travel by tram to Gdansk University of Technology AG, EP, JB 13:30 - Meeting with GUT Rector AG, WG, EP, DS, JB, Gizela B., Konsul "Meeting with computers" at GUT "How to travel in Gdansk and in Poland" AG, EP, JB, WG, RD, DS, BW, JS, LR Coming back to the hotel by tram AG	Lunch (12:00) Sports' Day at GUT Travel by GUT EP, AG Sports' Day at GUT Making photos for a guide ZCH, EP, ER, IK, AG Travel by tram to Galeria Przymorze - shopping the sticks for Nording Walking EP, ER Coming back to the hotel by tram EP	Travel by tram to Gdansk University of Technology EP, RD Lunch at WETI (14:00) EP, RD "Meeting with computers" at GUT Gdansk in PowerPoint by RD, AG, EP, WG, BW, DS, JB, ER, JS, IK, LR, LB Coming back to the hotel by tram AG	Lunch (12:00) Trip to OLiwa LR, ER, IK, AG	Lunch Free time
EVENING	18-22	Welcome dinner at 19:00 AG, EP, ER, IK, JB, WP, WG, RD, DS	Dinner and free time	Dinner and free time	Dinner and free time	Dinner and free time	Dinner and free time	Dinner Free time 18:00 in Old City Hall – Night of Museums AG, ER, IR

2 ND WEEK ACTIVITY PROGRAM IN POLAND

DAY DATE		SUNDAY 18 May 2014	MONDAY 19 May 2014	TUESDAY 20 May 2014	WEDNESDAY 21 May 2014	THURSDAY 22 May 2014	FRIDAY 23 May 2014	SATURDAY
								24 May 2014
MORNING	8-9	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	9-12	Trip to Malbork (8:30 -16:00) Lunch packed 75 PLN AG, ER, LB, IK, WP	Health program AG Working in groups EP	Health program AG Working in groups EP, ER	Health program AG Working in groups EP	Health program AG Working in groups ER	Health program AG Working in groups EP	Traveling by bus/cars to Osowa JB, AG, WG, EP, ER, IK, LB, LŁ, SM 9:00 - meeting with seniors from Osowa
AFTERNOON	12-18	Trip to Malbork (9:40-16:00) Lunch packed 75 PLN AG, ER, LB, IK, WP	Lunch (12:00) Nordic Walking to Sopot Making photos for a guide Coming back to the hotel by bus or walk JB, ER, IK, EP	Lunch (12:00) Travel by tram to Gdansk University of Technology AG "Meeting with computers" at GUT AG, EP, WG, DS, RD, JB, JS, ER Coming back to the hotel by tram AG	Lunch (12:00) Travel by tram to Gdansk WP Concert at Ołowianka (15:00) organized by Gdanski UTW WP, AG, WG Coming back to the hotel by tram AG	Lunch (12:00) Travel by tram to Gdansk University of Technology AG "Meeting with computers" at GUT Presentation about seniors' orthopedic illness by dr Dawid Mrozik AG, EP, WG, DS, RD, JB, JS, ER, JK, WP, LB Coming back to the hotel by tram AG	Lunch (12:00) Trip to Gdynia ER, IK, AG, EP	Home made lunch in the WP rest house in Osowa WP, JB, AG, WG, EP, ER, IK, LB, LŁ, SM Coming back to the hotel by bus/cars AG, WG, EP, LB, LŁ, SM
EVENING	18-22	Dinner and free time	Dinner and free time	Dinner and free time	Dinner and free time	Dinner and free time	Dinner and free time	Dinner and free time

3 RD WEEK ACTIVITY PROGRAM IN POLAND

DAY DATE		SUNDAY 25 May 2014	MONDAY 26 May 2014	TUESDAY 27 May 2014	WEDNESDAY	THURSDAY	FRIDAY 30 May 2014	SATURDAY 31 May 2014
					28 May 2014	29 May 2014		
MORNING	8-9	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast Departure day 4:00 to the airport ???????????????
	9-13	Trip to Hel (8:30-18:00) 39 PLN	Health program AG	Health program AG	Health program AG	Health program AG	Health program AG	
		AG, ER, JB, IK	Working in group EP	Working in groups ER	Travel by tram to Gdansk (9:00) WP, IK, ER 11:00 - trip to Westerplatte by a pirate ship (the number of participants should be confirmed by mobile 519140201) WP, IK, ER	Trip to Szwajcaria Kaszubska (?) AG, EP ???	Summing up Evaluation Plans for future AG EP ???	
AFTERNOON	12-18	Trip to Hel (8:30-18:00) 39 PLN AG, ER, JB, IK	Travel by tram to Oliwa ER, IK, LR Nordic Walikng to Pachołek Making photos for a guide ZCH, ER, IK, LR Coming back to the hotel by tram ER, IK, LR	Lunch Travel by tram to Gdansk University of Technology ER, AG "Meeting with computers" at GUT Presentations about work done and plans for future AG, EP, WG, DS, BW, RD, JB, JS, ER Coming back to the hotel by tram AG	Lunch (packed) Trip to Westerplatte Making photos for a guide WP, IK, ER Coming back to the hotel by tram WP, IK, ER	Lunch (packed) Making photos for a guide Coming back to the hotel	Eunch Free time and why not last shopping?	
EVENING	18-22	Dinner and free time	Dinner and free time	Dinner and free time	Dinner and free time	Dinner and free time	Certificates and goodbye dinner at 19:00 AG, EP,WG, DS, RD, BW, IK, WP, JB	